

SENSORY BIN FILLERS BY AGE

*PLEASE BE AWARE! YOU KNOW AND TRUST YOUR INDIVIDUAL CHILD WHEN LEAVING THEM UNATTENDED WITH SMALL ITEMS. I DO NOT RECOMMEND LEAVING THEM TO PLAY BY THEMSELVES FOR RISK OF CHOKING OR PUTTING OBJECTS INTO THEIR NOSES/EARS ETC!

AGES 0-1

Shredded paper
Water
Feathers
Cut up sponges
Cotton balls
Baby cereal

AGES 1-2

Dry pasta
Dry beans (these are NOT consumable!)
Uncooked rice
Large pebbles/rocks
Pom poms
Cooked spaghetti noodles
Fake leaves
Oatmeal
Cut up plastic straws
Sand
Fake flowers

AGES 2-3

Fish tank pebbles
Shaving cream
Dry cereal
Foam cubes
Soapy water
Tissue paper
Plastic grass

AGES 3-4

Buttons
Popcorn kernels
Dirt
Slime
[Cloud dough \(aka moon sand\)](#)
Packing peanuts

AGES 4 AND UP

Glass floral gems
Water beads
Marbles
Bird seed
Jelly beans

LOOKING TO LEARN MORE ABOUT
SENSORY BINS? CHECK OUT THE
ULTIMATE GUIDE TO BUILDING
YOUR OWN [HERE!](#)

OLDER KIDS CAN STILL
HAVE FUN WITH THE YOUNGER
KIDS' SUGGESTIONS!